

## Predictive and Diagnostic Values of Urinary Cysteine Leukotriene E4 in Bronchopulmonary Dysplasia in Premature Infants

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### Abstract

Bronchopulmonary dysplasia (BPD) happens primarily in untimely babies, youthful lung improvement, intense lung injury and high oxygen levels use. Cysteine leukotriene E4 (Cyst LTE4), a provocative go between , is too low to possibly be estimated in serum however can be estimated after discharge into the pee and furthermore non-intrusive strategy. This forthcoming case-controlled examination was directed to distinguish urinary CystLTE4 levels that may anticipate and analyze the improvement of BPD in preterm babies to grow better practices in the administration of these infants later on. We likely enrolled 40 untimely children in initial 28 days of life, conceded to a few neonatal serious consideration units (NICUs) and estimated Cyst LTE4 in their pee in a few days bringing about expanding levels of urinary Cyst LTE4 in beginning of life than in late days during time of exploration which likewise proportionated conversely with gestational age and birthweight.

**Key words:** bronchopulmonary, dysplasia, Preterm, urinary cysteine leukotriene E4.

### 1. Introduction

Preterm birth is the conveyance of an infant before 37 finished a long time of gestation [1]. The etiology by and large of preterm work is obscure. Some distinguished elements incorporate anatomic anomalies of the uterus and cervix, untimely crack of the films (PROM), placenta previa, injury, extreme uterine broadening, as in various incubation and hydraminos, and contamination [2]. Characterizing BPD by the utilization of O<sub>2</sub> at 36 wk (as opposed to 28 d) postmenstrual age (PMA) by Shennan and Colleagues was discovered to be a superior indicator of long haul respiratory grimness at 2 years old [3]. The "Old BPD" was portrayed by cystic changes and heterogeneous air circulation in the elaborate lungs, while the "New BPD" in the antenatal steroid, post-surfactant, and gentler methods of ventilatory help time is described by more uniform swelling, less fibrosis, and the shortfall of aviation route epithelial metaplasia, and smooth muscle hypertrophy. The "New BPD" incorporates obsessive proof of bigger worked on alveoli and dysmorphic aspiratory vasculature [4]. The general rate of BPD in babies conceived < 28 wk gestational age (GA) is assessed to be between 48–68% with the occurrence being conversely relative with the GA [5]. In the course of the most recent couple of a long time there has been a critical improvement in perinatal consideration with presentation of surfactant and delicate ventilation to decrease lung injury, yet then again, endurance of amazingly preterm newborn children has expanded. Along these lines, the rate of BPD has not changed and it stays the most widely recognized late grimness of preterm birth. It is assessed that around 10,000 of babies are determined to have BPD every year in the United states [6]. Children with a background marked by BPD keep on having critical anomalies with wind stream constraint on lung work tests [7]. The occurrence of BPD revealed in the writing shifts generally. In Egypt, as in many populaces, the frequency is as yet under scrutiny. The assessed number of preterm newborn

children with BPD in Egypt is 1,496 among the complete populace of 81,400,000 [8].

Leukotrienes are fiery middle people that are gotten from the 5-lipoxygenase pathway of arachidonic corrosive digestion. Leukotriene E4 (LTE4) has vasoactive properties, prompting smooth muscle cell withdrawal and expansion, vascular porousness, and edema, and expanding the declaration of attachment particles and monocyte activation [9]. Estimation of urinary LTE4 can be a valuable noninvasive strategy to survey changes in the pace of absolute body CysLT levels. Levels of LTE4 are too low to even think about estimating in serum however can be estimated after discharge into the pee [10]. The investigation planned to recognize urinary CystLTE4 levels in initial 28 days of life that may anticipate and analyze the improvement of BPD in preterm babies to grow better practices in the administration of these infants in the future.

### 2. Patients and Methods

This study was led on 40 preterm youngsters going to Neonatal Intensive Care Units (NICUs) of the Pediatric Department, Benha University Hospital, benha kids Hospital and Qalyub General clinic. All lab work were done in Clinical and Chemical Pathology, Benha University Hospital.

#### 2.1 Subjects

This examination was directed on 40 untimely newborn children. Gathering [I]: Included 20 untimely youngsters with respiratory pain and Oxygen need over 21% first 28 days of life.

#### 2.2 Exclusion models

>37 gestational age and youngsters associated with septicemia, meningitis or proof of any neonatal hepatic, renal, cardiovascular illnesses or innate irregularities.

Gathering (II): Included 20 preterm children without respiratory misery as control gathering.

**2.3 Ethical contemplations**

Educated assents was gotten from all cases and control gatherings.

**2.4 Methods**

Information assortment Information were gathered by doctor on a normalized structure All youngsters joined in this examination were exposed to the accompanying Cautious complete history taking: age, sex, birth weight, method of conveyance, reason for affirmation, presence of related comorbidities and APGAR score.

Full clinical assessment: General assessment:(Vital signs, and general condition), Chest assessment: (air section, evaluation of respiratory pain and chest auscultation) and other foundational assessment: (Cardiac assessment, Abdominal assessment and Neurological assessment).

The following research facility examinations were finished:

1. Urinary cysteine leukotriene E4 level in initial 28 days of life (day3 ,day8 and day 27 of life).The utilized unit was: Human cystienyl leukotrienes E4 (cystLTE4) ELISA Kit with inventory number 201-12-8890 .
2. ABG.
3. Blood culture.
4. Chest x beam.

**2.5 Statistical examination**

Information were broke down utilizing SPSS programming, form 20. Autonomous t test (to think about the quantitative variable in the two considered gatherings) and Pearson's relationship coefficient (to assess powerful boundary on subordinate variable) were utilized accordingly.

**3.Result**

**Table (1)** Comparison of age, sex, weight and APGAR score between studied groups.

Variable		Cases group (n=20)		Control group (n=20)		Testof significance	P
GA (w)	Mean±SD	31.1±1.5		32.3±1.2		St <sup>tt</sup> =2.45	0.007
	Range	28-34		30-36			
Sex		No.	%	No.	%	χ <sup>2</sup>	P
	Male	13	65	11	55		
	Female	7	35	9	45	0.21	0.4
Weight (kg)	Mean±SD	1.73±0.37		2.26±0.7		St <sup>tt</sup> =1.99	0.05
	Range	1.1-2.35		1.4-3.12			
APGAR 1m	Median	4.5		5		Z <sub>MWU</sub> =3.14	0.002
	Range	3-6		4-6			
APGAR 5m	Median	7		8		Z <sub>MWU</sub> =2.98	0.003
	Range	6-8		7-9			

SD, standard deviation; t, t student test; chi square. Gest.;Gestional. Min.;Minute.

Mean value of GA was significantly lower among cases than control (31.1, 32.3) p value= 0.007

Mean value of weight was significantly lower among cases than control (1.73, 2.26) p value= 0.05

The median of APGAR 1m was significantly lower among cases than control (4.5, 5) p value= 0.002

The median of APGAR 5m was significantly lower among cases than control (7.0, 8.0) p value= 0.003

There were no statistically significant difference between cases group and control group regarding sex.

**Table (2)** Comparing the studied groups regarding vital signs.

Variable	Cases group (n=20)			Control group (n=20)			St."t"	P
	Mean	± SD	Range	Mean	± SD	Range		
HR	149.7	10.9	130-170	151.3	6.41	140-160	0.69	0.49 (NS)
RR	63.5	6.65	55-80	55.0	3.09	50-60	6.3	<0.001 (HS)
Temperature	37.4	.26	36.8-38	37.1	.34	36.5-37.5	3.98	<0.001 (HS)
SBP	60.4	4.34	55-69	65.0	4.54	60-70	3.97	<0.001 (HS)
DBP	37.8	3.18	30-44	33.8	3.74	30-40	4.53	<0.001 (HS)

There were no measurably huge contrast between cases gathering and control bunch with respect to HR.

Mean estimation of RR was altogether higher among cases than control (63.5, 55) p value= 0.001

Mean estimation of Temperature was altogether higher among cases than control (37.4, 37.1) p value= 0.001

Mean estimation of SBP was fundamentally lower among cases than control (60.4, 65) p value= 0.001

Mean estimation of DBP was essentially higher among cases than control (37.8, 33.8) p value= 0.0

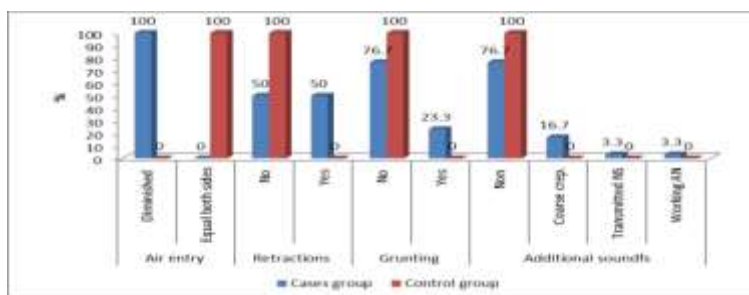


Fig (1) Comparing the studied groups regarding chest examination.

Diminished of Air entry was significantly higher among cases than control.

Yes of Retractions was significantly higher among cases than control.

Yes of Grunting was significantly higher among cases than control.

Non of Additional sounds was significantly lower among cases than control.

Table (3) Comparing the studied groups regarding Urinary cysteine leukotriene E4.

Variable	Cases group (n=20)			Control group (n=20)			Z <sub>MWU</sub>	P
	Median	IQR	Range	Median	IQR	Range		
Urinary cysteine le leukotriene E4 at day 3 (Pg/ml)	297.8	271- 333.3	185- 397.3	231	189.8- 279.2	184.1- 299.6	4.51	<0.001 (HS)
Urinary cysteine le leukotriene E4 at day8 (Pg/ml)	256.6	232.5- 310.6	201.1- 452.4	180.6	166.1- 218.8	159.2- 260.6	5.21	<0.002 (HS)
Urinary cysteine le leukotriene E4 at day 27 (Pg/ml)	201.5	168.4- 232.3	150.3- 414.5	210.8	192.9- 221.5	135.3- 229.5	0.081	0.95 (NS)

The median of Urinary cysteine leukotriene E4 at day 3 was significantly higher among cases than control (297.8, 231) p value= 0.002

Mean value of Urinary cysteine leukotriene E4 at day 8 was significantly higher among cases than control (256.6, 180.6) p value= 0.002

There was no statistically significant difference between cases group and control group regarding Urinary cysteine leukotriene E4 at day 27.

Table (4) Correlation between the level of urinary CysLTE4 at day 3 and the studied variables among the BPD group.

With	Urinary CysLTE4 at day 3	
	rho	P
GA (W)	-0.678	<0.001 (HS)
Weight	-0.536	0.002 (S)
APGAR 1m	-0.449	0.013 (S)
APGAR 5m	-0.376	0.04 (S)
HR	-0.120	0.53
RR	0.543	0.002 (S)
Temperature	0.009	0.96
SBP	-0.220	0.24
DBP	-0.278	0.13
CRT (sec)	0.632	<0.001 (HS)
HB (gm/dl)	-0.101	0.59
HCT	-0.037	0.84
PLTs (x10 <sup>3</sup> )	-0.155	0.41
TLC(x10 <sup>3</sup> )	-0.168	0.37
Urea	0.229	0.22
Creat	0.207	0.27
AST	0.214	0.25
ALT	0.215	0.25

This table shows that there were statistically significant positive correlation between the level of urinary CysLTE4 and (RR, CRT) and negative correlation between the level of urinary CysLTE4 and (GA, weight, APGAR 1m, APGAR 5m) while there were no statistically significant positive correlation between the level of urinary CysLTE4 and the other variables.

#### 4. Discussion

This investigation was led on 40 preterm youngsters going to Neonatal Intensive Care Units (NICUs) of the Pediatric Department, Benha University Hospital, benha kids Hospital and Qalyub General hospital. The case bunch included preterm children who need oxygen over 21% in initial 28 days of existence with no intrinsic irregularities or sepsis. We inspected the association between level of urinary cysteine leukotriene E4 and bronchopulmonary dysplasia at day 3, day 8 and day 27 of life. In light of the aftereffects of the current examination, it tends to be presumed that Urinary cysteine leukotriene E4 at beginning of life was genuinely critical higher among cases than control gathering. Our examination showed that no huge contrasts were found in Urinary cysteine leukotriene E4 at late days among cases and control bunches during time of study (first 28 days of life) and furthermore urinary CysLTE4 level in infant conversely connected with gestational age and birth weight.

#### 5. Conclusion

Urinary CysLTE4 level is up-regulated in BPD infants within early days of life which may be a useful biomarker of early diagnoses of BPD in order to develop better practices in the management of these newborns in the future.

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