

## Silver nanoparticles as antibacterial agent against multidrug resistant *Klebsiella pneumoniae*

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### Abstract

Antimicrobial-resistant bacteria-associated infections today pose a serious danger to human health, requiring the discovery of new antibacterial agents that are more effective than those already available. In this research, we utilised silver and chitosan nanoparticles to treat multidrug-resistant *Klebsiella pneumoniae*. Nanoparticles have been suggested as possible antimicrobial agents to fight infections.

**Keywords:** Silver nanoparticles, multidrug resistant bacteria MDR, *Klebsiella pneumoniae*.

### 1. Introduction

In hospitals, *Klebsiella pneumoniae* primarily affects patients with compromised immune systems, especially those in critical care units and emergency departments [1,2]. Historically, infections caused by the pathogen have been described as mild to moderate in severity; however, frequent exposure to antibiotics has lately increased the frequency of this severe bacterial illness. Antibiotic-resistant *Klebsiella pneumoniae* strains have emerged as a consequence of the bacterium's development of resistance to several types of antibiotics [3,4]. Pneumonia, surgical site infections, bloodstream infections, and urinary tract infections are the most frequent hospital-acquired infections[5]. *Klebsiella pneumoniae* is a gram-negative rod-shaped bacterium with a diameter of 0.3-1 μm and a length of 0.6-6 μm, found alone, in pairs, or in short chains [6]. Anaerobic bacteria such as *Klebsiella* produce large, pink pigment on MacConkey agar, indicating fermentation and acid production (the degree of mucoidness varies by strain and depends on the amount of carbohydrates in the culture medium) [7]. The amount of lactose and acid produced depends on the amount of carbohydrate present in the culture medium.

Nosocomial infections are a major cause for worry since many patients arrive at the hospital with weakened immune systems and are thus less equipped to fend off long-term infections [5]. There is an immediate need to find an effective alternative method since the bacteria has developed resistance to antibiotics. The antibacterial property of silver and its compounds has been known for a long time, and silver has been utilised to prevent and treat many diseases ever since [9,10].

Many biological applications have demonstrated that silver nanoparticles have a great promise in silver research[11]. AgNPs have the ability to interact with bacteria's cellular apparatus. According to previous research, AgNPs have the potential to harm cellular components and membranes, resulting in structural alterations that make bacteria easier to pass through. The use of biological sources to synthesise nanoparticles is growing in popularity

[13, 14]. Silver has long been known for its antibacterial properties, dating back to antiquity. Due to advancements in antibiotics, silver's antibacterial use has decreased in medicine. Nanoscale size manipulation increases the antimicrobial properties of silver. Silver nanoparticles have emerged as antibacterial agents due to their high surface-area-to-volume ratio and unique chemical and physical characteristics due to their shift in physicochemical properties [17]. The bactericidal activity of silver nanoparticles in the 10–100 nm size range was shown against both Gram-positive and Gram-negative bacteria more than a few scientists have looked into the bactericidal activity of silver nanoparticles against pathogenic MDR and multidrug-susceptible bacterial strains. They've found the particles to be effective against MDR bacteria like *Klebsiella pneumoniae*, Carbapenemes-*P. aeruginosa*, and ampicillin-resistant organisms like erythromycin-resistant *Escherichia coli* Mycoplasma pneumoniae (MRSA), *Streptococcus pyogenes* (SP), and *Staphylococcus aureus* (VRSA) (VRSA). To compare with conventional metal nanoparticles, the silver nanoparticles show significant physicochemical characteristics, such as pH-dependent partitioning to solid and liquid particulate matter and biological activities.

Due to their high surface-to-volume ratio and unique chemical and physical characteristics, silver nanoparticles have been used as antibacterial agents since antiquity [14, 17]. Antibiotic-resistant bacteria can be killed using silver nanoparticles since they are efficient bactericidal agents against a wide range of bacteria [19]. *Aspergillus*, *Candida*, and *Saccharomyces* are all prevalent fungi that this fast-acting fungicide targets. Viral replication may be inhibited by silver nanoparticles with a diameter of 5–20nm. Besides altering proteinase expression, which is essential for inflammatory and repair processes, these may also decrease tumour necrosis factor (TNF) and cause death in inflammatory cells [22]. [23, 24] Furthermore, silver nanoparticles are in charge of wound healing cytokine regulation and biofilm inhibition [23].

A deacetylation process transforms chitin into chitosan, one of the most extensively used biopolymers. Since chitosan nanoparticles (CNPs) are nontoxic, nonimmunogenic, and may enable regulated drug release, they have piqued researchers' attention [24]. CNPs may increase the bioavailability of the medication they are connected to, as well as the drug's half-life and site of action targeting. For topical and systemic antimicrobial treatments, CNPs are the appropriate drug carrier of choice because of these characteristics [25]. This polymer is derived from the second most common natural compound after cellulose, chitin, which is a linear copolymer of (1-4)-linked 2,acetamido-2,deoxy-beta-D-glucopyranose and 2, amino-2,deoxy-3, D-glucopyranose produced by deacetylation of its parent polymer. We know that CS kills bacteria because of an electrostatic interaction between CS' NH<sub>3</sub><sup>+</sup> groups and phosphoryl groups in the membranes' phospholipid components and lipopolysaccharides (a kind of sugar). The permeability of pores increases, and the bacterial cell wall is disrupted as a result [27, 28].

## 2. Material and methods

### 2.1. Bacterial strains and growing cultures

*Klebsiella pneumoniae* was the first bacterium to be dubbed Gram-negative. All of the microorganisms used in this study were acquired from the microbiology department at Benha University Hospital's Faculty of Medicine. Isolates were purified on nutrient agar at 4°C using only bacteria that had been maintained in the proper conditions. Two times in nutrient broth, followed by plating on nutrient agar plates and picking up and processing an isolated colony, bacteria were subcultured before usage.

Vitek 2 Confirmation of Isolated *Klebsiella pneumoniae* Bacteria

Purity was ensured by incubation at 37°C for 24 hours to get single colonies after bacterial colonies were isolated on culture medium. Isolates were identified using a Vitek2 compact auto analyzer system at the Microbiology lab at Benha University's school of medicine [29].

### The sensitivity of antibiotics

using the disc diffusion method It was done using the Kirby-Bauer method [30], which included inoculating 1 millilitre of nutritional broth with standard concentrations of chosen bacteria (10<sup>8</sup> cfu/ml), cooling it down to 45°C, and then pouring it on nutritional broth plates, which were then solidified. Then there are antibiotic discs. Table (1) contains standard concentrations of sixteen antibiotics that were administered to the plates' surface. For 24 hours, the plates were incubated at 37°C under supervision. Assured and compared widths of inhibitory zone surrounding disc

with standard antibiogram according to [31], findings were interpreted and classified as sensitive, moderate sensitive and resistant.

### Silver and chitosan nanoparticle synthesis

The chemical reduction technique used by [32, 33] produced silver nanoparticles. As a precursor for Ag<sup>+</sup> ions, scientists used a solution of AgNO<sub>3</sub>. Borochloride served as a moderate reducer while PVP stabilised the sample. A gradual graying-out of the solution's hue, indicating the formation of silver nanoparticles from the silver ion, showed the reduction process had begun.

The inotropic gelatin method was used to make chitosan nanoparticles [34]. The addition of a triphosphosphate (TTP) aqueous solution to a chitosan solution produced blank nanoparticles.

### 2.5. Antimicrobial activity of nanoparticles is assessed using susceptibility assays.

Different quantities of Nano silver and Nano chitosan were obtained from a specialist business by diluting distilled water (1, 0.5, 0.25 and 0.125mg). The experiments were carried out on Muller Hinton agar using the disc diffusion technique. As part of this experiment, we employed various doses of nanoparticles on a sterilised paper disc (0.5cm). When bacteria were grown overnight on Muller Hinton agar plates, sterilised discs were placed on top and the plates were incubated at 37°C for 24 hours. The inhibition zone was then measured to assess antimicrobial activity [35].

## 3. Results and discussion

Five *Klebsiella pneumoniae* isolates (kpn01, kpn02, kpn03, kpn04, and kpn05) were recovered from sputum and blood specimens at the microbiology laboratory at Benha University Hospital. Nutrient agar medium was used to develop the isolates, which were then purified. Vitek2 was used to identify these isolates.

### Testing for antibiotic resistance

The antibiotic sensitivity of the chosen isolates was examined. The disc diffusion technique was used to test the sensitivity of the five isolates to a total of sixteen different antibiotics. S is for sensitive, I is for intermediate, and R is for resistant, as shown in Table (1).

Most of the isolates are resistant to antibiotics which made the researches to find a new alternative technique like nanoparticles as antibacterial agent.

### Susceptibility of bacterial isolates to nanoparticles

The antimicrobial activity of different concentrations of chitosan nanoparticles against five isolates of *Klebsiella pneumoniae* showed no antibacterial activity of all chitosan nanoparticles concentrations against the bacteria and this observed in Table (2).

**Table (1)** Antibiotics Sensitivity test of the isolated klebsiella pneumonia bacteria.

	Klebsiella pneumonia kpn01	Klebsiella pneumonia kpn02	Klebsiella pneumonia kpn03	Klebsiella pneumonia kpn04	Klebsiella pneumonia kpn05
Cefoxitin	R	R	R	R	R
Norfloxacin	I	R	R	R	R
Sulbactam	R	R	I	R	R
Aztronem	R	R	R	R	R
Ciprofloxacin	R	I	R	R	R
Amikacin(Ak)	R	R	R	R	S
Gentamycin	R	R	R	R	S
Topramycin	R	I	R	R	R
Ampicillin	R	R	R	R	R
levofloxacin	R	R	R	R	R
Ceftazidime	R	R	R	R	R
Nitrofurantion	R	R	R	R	R
Impineme	R	R	I	S	R
Pencillin G	R	R	R	R	R
Amoxicillin	R	R	R	R	R
Erythromycin	R	R	R	R	R

\* Denotes for Resistant (R), Intermediate (I), and Susceptible (S).

For the following antibiotics Nitrofurantoin (F, 10 µg), Amoxicillin (AMC, 30 µg), Ampicillin (AM,10 µg), Ciprofloxacin (CIP, 5 µg), Gentamicin (GN, 10 µg),Impineme (IPM, 10 µg), Penicillin-G (P, 10 µg), Topramycin (TOB, 10 µg), Ceftazidime (CAZ, 30 µg), Erythromycin (E, 15µg),Levofloxacin (LEV, 5 µg),Cefoxitin ( FOX, 30 µg), Norfloxacin (NOR,10 µg),Aztronem (ATM, 30 µg), Sulbactam (SAM, 30 µg) and Amikacin (AK, 30 µg).

**Table (2)** Antibacterial activity of different Chitosan nanoparticles concentrations against five isolates of Klebsiella pneumonia bacteria.

Bacteria	Chitosan concentrations (Diametre of inhibition zone(mm) Original dimetere 5mm			
	0.125	0.25	0.5	1.0
Klebsiella pneumonia kpn01	5.0	5.0	5.0	5.0
Klebsiella pneumonia kpn02	5.0	5.0	5.0	5.0
Klebsiella pneumonia kpn03	5.0	5.0	5.0	5.0
Klebsiella pneumonia kpn04	5.0	5.0	5.0	5.0
Klebsiella pneumonia kpn05	5.0	5.0	5.0	5.0

**Table (3)** Antibacterial activity of different Silver nanoparticles concentrations against five isolates of Klebsiella pneumonia bacteria.

Bacteria	Silver concentrations (Diametre of inhibition zone(mm) Original dimetere 5mm			
	0.125	0.25	0.5	1.0
Klebsiella pneumonia kpn01	5.0	5.0	10.0	12.0
Klebsiella pneumonia kpn02	5.0	10.0	11.0	13.0
Klebsiella pneumonia kpn03	10.0	12.0	13.0	14.0
Klebsiella pneumonia kpn04	5.0	5.0	5.0	5.0
Klebsiella pneumonia kpn05	5.0	12.0	13.0	14.0

Table shows the antibacterial activity of various silver nanoparticle concentrations against five Klebsiella pneumonia isolates (3). This table shows that the highest concentrations of antibacterial diffrenet silver nanoparticles against bacterial isolates are effective, so we recommend using AgNps as an antibacterial agent. This is in line with the findings of [12], which suggest that silver

nanoparticles disrupt cell function by attaching to the cell membrane's surface, penetrating bacteria, and releasing silver ions afterward.

## 5. Conclusion

This study describes the isolation of five isolates of pathogenic bacteria *Klebsiella pneumonia* from

Benha university hospital these bacteria is multi drug resistant because overuse of antibiotics so it was necessary to discover a new approaches technique to treat these pathogenic bacteria .so we recommend using silver nanoparticles as antibacterial agent.

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